

## Walk or Wheel to School Week

## Monday 6 March – Friday 10 March

## Join us for Walk or Wheel to School Week 2023, by getting to school in any active way that you can!

We'll be celebrating by having a different theme each day, with competitions and prizes to reward those children who actively travel to school.

Day	Theme	What does it involve?
Rāhina	Move It Monday	Encourage tamariki to get moving. Start your Walk or Wheel week with an active commute to school.
Rātu	Travel Together Tuesday	Celebrate by walking and wheeling to school with your friends and whānau.
Rāapa	Wacky Wednesday	Show something bright; look bright, be bright, stay bright.
Rāpare	Thoughtful Thursday	Help the planet. Walking and Wheeling helps create a healthier planet! How else can you help our environment?
Rāmere	Funky Feet Friday	Dress your feet. Wear your funkiest footwear - think wheelies, gumboots, football boots or jazz up your trainers with glitter, tinsel, feathers - go wild!

