

# Bike maintenance traffic light system

## Tamariki

### GREEN LIGHT

- Sign out and issue bikes
- ABC-Q bike check
- Pump tyres
- Adjust seat heights (check height)
- Check chain
- Identify bikes that need more serious maintenance work

## Adult Supervision

### ORANGE LIGHT

- Termly check
- Seat tilt
- Change tyre
- Oil and put on chain
- Remove/replace pedals
- Stem tightening
- Brake pad adjustment
- Reconnecting brake noodle

## Bike Mechanic

### RED LIGHT

- Replace crank set, adjust bottom bracket
- Replace bearings in headset
- Replace cables (brakes and gears)
- Spoke alignment straightening buckled wheel
- Adjust chain tension and replace chain
- Adjust derailleur