Walking Festival 2019 Checklist

BEFORE THE WALK	Yes	No	N/A
Track has been checked before the day of the walk and is suitable for the walk (especially if there has been rain or wind)			
Track has been checked for cell-phone coverage before the day of the walk			
Hazard ID form has been filled out to take into account the unique hazards of that walk			
First Aid kit checked and if necessary re-stocked before the day of your walk			
Leader, tailender and Trained First Aider identified			
All paper work completed – flow charts of what to do with Emergency (fire, earthquake, medical incident) or serious injury Missing person and important contact details walk route map			
Cancellation / Postponement Plan (include time of decision and who will communicate with participants and Walking Festival planning group) Decision is made by Walk Leader as to whether a walk will be cancelled or postponed is made <u>no later</u> than 2 hours before a walk starts			
Check that there is adequate parking areas to cater for the expected vehicle numbers attending			
Check there are adequate toilets are available- where			
ON THE DAY OF THE WALK - PREWALK	Yes	No	N/A
Are weather_conditions and track condition suitable for walk to occur?			
The Walk Leader is then responsible for letting the public know the walk has been cancelled or postponed as follows. Phone The Breeze Studio 0800 3409494 and/or email <u>christchurch@thebreeze.co.nz</u>			
Phone participants if bookings were required			
Phone CCC Call Centre (03) 941 8999			
Email <u>walkingfestival@ccc.govt.nz</u> for Council to update The Breeze Walking Festival webpage			
Leader has brought extra clothing and water			
All Leaders and Tailender will have appropriate clothing and footwear			
 Leader and Tailender has the following numbers Walk Leader - Walk Leader - Emergencies 111 Police - Phone Central Police station 363 7400 			
Christchurch City Council Call Centre 03 941 8999			
<u>CCC Walking Festival contacts</u> 1. Jacqui Miller 941 5333, 027 6377927 2. Emma Pavey 941 5107, 027 689 0072 3. Ranger			
Leader has a flow chart of an serious injury or emergency			
Leader has a flow chart of what to do if someone goes missing			
Leader has a flow chart in case of a fire emergency with provision for a person has limited mobility.			
Leader has hazard ID/ Risk Form			

All leaders and tailender to carry a whistle and cell – phone fully charged	ON THE DAY OF THE WALK - PREWALK	Yes	No	N/A
High visibility clothing for Walker and leader is worn at all times Image: Content of the state of the	All leaders and tailender to carry a whistle and cell – phone fully charged			
Parking areas signage				
Adequate parking supervision	High visibility clothing for Walker and leader is worn at all times			
Provisions to move broken down / stuck vehicles Image: Complete the sign in sheet Image: Complete the sign in sheet Leaders tailender and first Aider to welcome walkers to the event and introduce themselves Image: Complete the sign in sheet Image: Complete the sign in sheet Leaders will do a briefing to walkers pointing out Leader and Tailender, first aid emergency procedures, Outline the route you are taking and reconfirm the time you anticipate you will finish. Image: Complete the sign in sheet Image: Complete the sign in sheet Leaders will iterate Parents/caregivers are responsible for their children at all times Image: Complete the sign in sheet Image: Complete the sign in sheet Leaders will inform the walker that when walking they obey all road and traffic rules (e.g. use crossing lights to cross, keeping on footpaths, keeping to the left etc.) Image: Complete the sign in sheet Image: Complete the sign in sheet Leader and tailender will check with participants that they are wearing or have appropriate gear Image: Complete the sign in sheet Image: Complete the sign in sheet Leader will inform all walkers that they are wearing or have appropriate gear 	Parking areas signage			
WALK Yes No N/A All participants to complete the sign in sheet	Adequate parking supervision			
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introduce themselves	All participants to complete the sign in sheet			
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Leader and tailender to ensure all walkers must be able to see the walker in front of them and the walker behind them. If the route is difficult, stops will be	front of them and the walker behind them. If the route is difficult, stops will be			
necessary to prevent a walker from taking a wrong turn (e.g. at a junction).	necessary to prevent a walker from taking a wrong turn (e.g. at a junction).			
POST WALK Yes No N/A	POST WALK	Yes	No	N/A
Leaders will look at Hazard form and see where it could be improved				
Leaders will complete evaluation form at the end of the walk				

Emergency Procedure





Accident Procedure

In case of an accident the following steps will be followed.





Anyone discovering Fire must immediately call the Fire Service and report the fact to the nominated Walk Leader.

TO CALL EMERGENCY SERVICES;

DIAL 111 AND ASK FOR SERVICE REQUIRED. Our address is _____

The Volunteer or the Tail end Charlie will call firmly: "THIS WAY OUT PLEASE"

THE PRIORITY IS EVACUATE and THEN If possible, fight the fire.

All participants must report to the nominated Walk Leader to assist as directed.

The nominated Walk Leader, together with the designated volunteers, will ensure that all walkers are assisted from the area.

The Walk Leader will ensure everyone is present and clear of the Fire. Walkers are to be directed to the nearest designated assembly area

Everyone will remain there until otherwise directed by the Walk Leader or a Fire Department Officer.

- THE SAFETY OF THE PUBLIC DEPENDS ON YOUR ACTIONS.
- INSTIL CONFIDENCE,
- CARRY ON YOUR DUTIES IN A CALM AND EFFICIENT MANNER,
- WALK DO NOT RUN
- AVOIDANCE OF PANIC IS ESSENTIAL.

EARTHQUAKE PROCEDURE

- Keep calm!
- Keep clear of possible hazards, Move to a clear area or safe zone if you can safely do so; avoid power lines, trees, signs, buildings, vehicles, rock fall and other hazards. etc.
- Keep a vigilant lookout for participants and public.
- Instruct those people who are outdoors to take suitable cover as necessary.

Once the earthquake is over:

- Follow instructions given by Walk Leader
- Assess all areas for safety.
- Request urgent assistance for any people with major injuries who shouldn't be moved
- Administer First aid to people with minor injuries Check that all facilities are fit for use
- Check that all equipment are safe and operating correctly.

